



## LeaderShift :::















# Feedback The Breakfast of *CHAMPIONS*

The Art & Craft of Providing Feedback















Peaceful Joyful Purposeful Mindful Energized
Prosperous Grateful
Reflective LONS Mindful Aware **Balanced** Generous Compassionate Healthy

Curious





#### Make sure to share your LeaderShift experiences with your peers





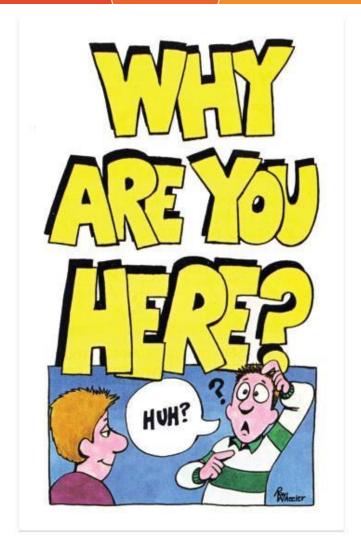
#StartALeaderShift #ONHealth

Don't forget to share and discuss on your LEADS Community for Practice





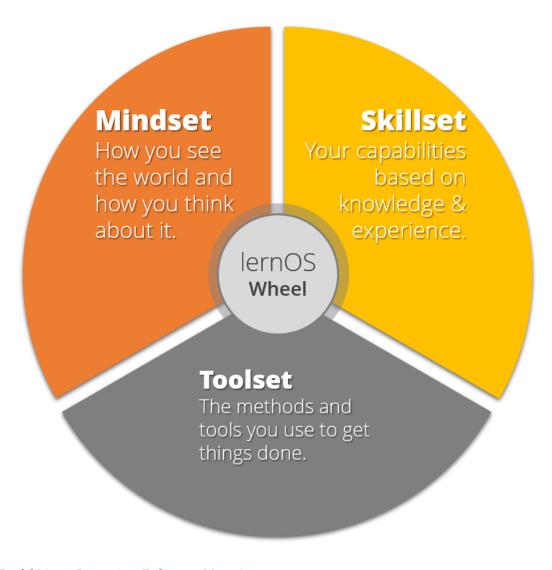
## I'm Curious?







## **Essential Elements**







## Essential Elements

## Mindset

How you see the world and how you think about it.

#### Skillset

Your capabilities based on knowledge & experience.

lernOS Wheel

#### **Toolset**

The methods and tools you use to get things done.





## MINDSET















## Let's Explore

• What, if anything, gets in the way of you

giving feedback?



What if .....



## Let's Explore

- What, if anything, gets in the way of you giving feedback?
- How comfortable are you in receiving feedback?
  - What would help you better receive it and/or what have you experienced that set the stage for you to be receptive?





## Lets Explore

- What, if anything, gets in the way of you giving feedback?
- How comfortable are you in receiving feedback?
  - What would help you better receive it and/or what have you experienced that set the stage for you to be receptive?
- What is the cost of not providing or receiving it?





## Open Self

Information about yourself that you and others know.

#### Hidden Self

Information you know about yourself but others don't.

#### **Blind Self**

Information you don't know but others know about you.

#### Unknown Self

Information about yourself that neither you or others know.





## Open Self

Information about yours that you and others know.

## Hidd Self

Information you know about yourself but others don't.

#### **Blind Self**

but others know about you.

- \*Greater Trust
- \*Feedback
- \*Sharing Information

Information about yourself that neither you or others know.





#### Preparing to Provide Feedback GETTING YOUR MINDSET CLEAR

- What is your purpose/intent in providing it?
- Choose the time (for you and them).
- Hold them capable.
- What do you know about engaging them?
- It is specific, focused on *behaviour* that can be changed, and timely.
- How much am I going to provide Limit to the amount of feedback the person can use.
- Feedback should be clarified (not defended) to avoid misunderstanding.
- Check your judgement language.
- Get clear to what kind of feedback it is.







## Preparing to Provide Feedback GETTING YOUR MINDSET CLEAR

- Get clear to what kind of feedback it is.
  - Developmental
  - Performance Related









## What does time management have to do with it?

	Urgent	Not Urgent
Important	Fire Fighting Crises Pressing problems Deadline-driven projects	Quality Time Prevention, capability improvement Relationship building Recognizing new opportunities Planning, recreation
Not Important	Distraction Interruptions, some callers Some mail, some reports Some meetings Proximate, pressing matters Popular activities	Time Wasting Trivia, busy work Some mail Some phone calls Time wasters Pleasant activities





## Receiving Feedback

#### The Green Tail

- If one person says you have a green tail, the person is crazy
- If two people say you have a green tail, it's a conspiracy
- If seven people say you have a green tail, you turn around and look!

It doesn't mean they are correct, but they must have a reason they think you do.

You need to explore that reason!



## Let's REFRAME WHAT WOULD YOU NEED TO DO TO REFRAME?

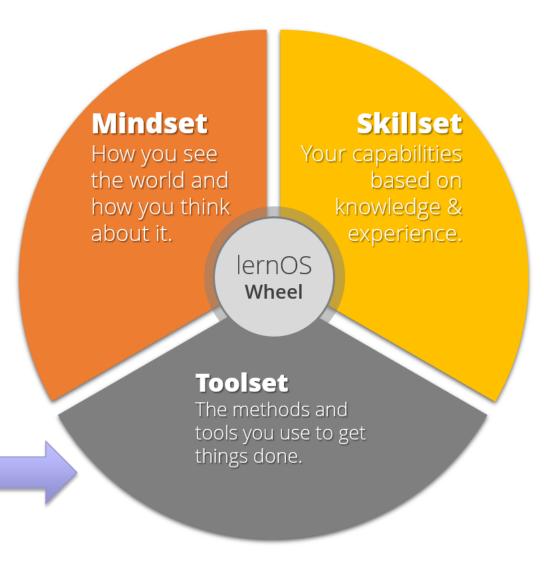








## Essential Elements







## Characteristics of Effective Feedback

- Permission based: (where appropriate and possible)
- Clearly stated intention: Tell them why you are sharing it
- Specific: It should contain specific information rather then generalisations
- Accurate: It should be factual and clear
- Objective: Feedback should be unbiased and unprejudiced
- Timely: It should be given as soon as possible after completion of a task (however, at times it might not be possible and may be delayed to a more appropriate time and place)
- Usable: Relate the feedback to goals and strategies so Leader Shift: Build Your Capacity. Enhance Your Impact. the individual can use it for the stated intention

## Characteristics of Effective Feedback

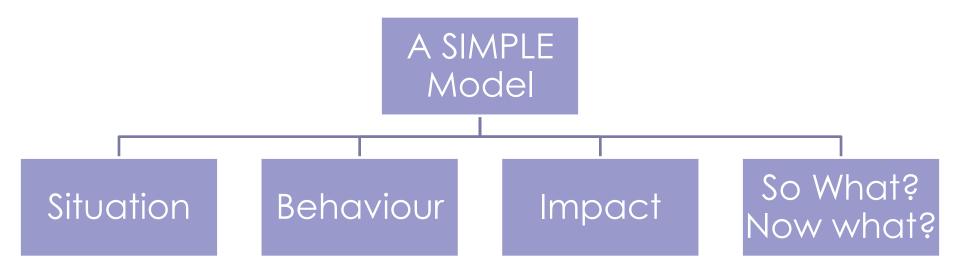
- Desired by the receiver: Feedback can still be effective even in those who don't actively seek it, however those who are seeking feedback will often be more motivated to improve performance
- Checked for understanding: Clarify understanding with the individual to ensure they are getting the most out of their feedback

<u>PERSONAL BIAS</u> NO FEEDBACK SANDWICH





## So many models. Not enough time.....







#### Situation

- Context
  - Permission
  - Intention
  - Time/Space
- Where did you observe the situation?
- What did you hear about the situation?
- Check for alignment.





#### Behaviour

- What did you observe?
  - Curiosity vs. Judgement
  - Be aware of your filters and style
  - Be objective
- What are you curious about?





## **Impact**

- ONLY ON YOU!!
  - Don't speak for others
  - Language matters (you vs. I)
  - Take ownership for the impact
- Be curious about intentions





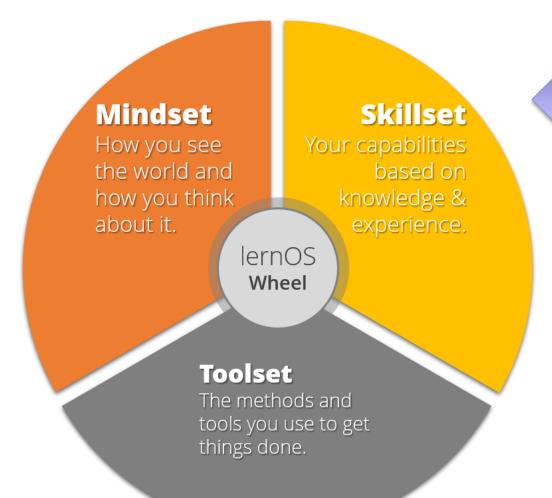
#### So What? Now What

- What are your expectations now that you have delivered the feedback?
  - Nothing, it was simply information you wanted to share.
  - Corrective actions required
    - What are those actions?
    - What support do they need?
    - What might get in the way?
    - Where does the accountability lie?
    - Check for alignment and commitment.





## Essential Elements







## A Word About Skill Set

- Practice Practice
- Think about your communication skills
  - Listening
  - Asking Questions
  - Etc.....
- Seek feedback
  - When your not doing it (providing feedback).
  - When you did it and want to explore how it worked.
- Build accountability for yourself.





## Closing

